

Packing List – Backpacking

(Last updated: 3-26-2023)

Clothing

- Zip-off pants (worn)
- Moisture-wicking T-shirt (x2; one worn)
- Moisture-wicking underwear (x2; one worn)
- Socks (x2-3; one worn)
- Long sleeve undershirt**
- Long underwear**
- Fleece or jacket**
- Fleece Cap**
- Gloves**
- Rain jacket
- Rain pants (optional)
- Hat
- Hiking boots/shoes (worn)
- Camp shoes (optional)

Miscellaneous

- Maps (1 / patrol)
- Knife
- Headlamp or flashlight
- 550 cord
- Cell phone (optional)
- Trekking poles (optional)
- Whistle
- Compass
- Ziplock bags
- Lip Balm
- Sunscreen
- Bug Spray
- Saw (1/patrol)

Cooking

- Bear bag / food bag (1-2/patrol)
- Cup
- Plate or bowl
- Spoon / Fork
- Stove (1-2/patrol)
- Cook pot (if needed; 1-2/patrol)
- Lighter / matches
- Camp soap (1/patrol)

First Aid

- Troop First Aid Kit with Mr. Ott
- Small individual first aid kit
- Face mask (optional)

Sleep System

- Sleeping bag
- Sleeping pad
- Pillow (optional)
- Liner (optional)

Toiletries

- Personal hygiene kit (e.g. toothbrush)
- Camp towel (small)
- TP / wipes
- Small shovel
- Hand sanitizer (small)

Shelter

- Tent w/ground cloth
- Hammock w/tarp (optional)

Water

- Water containers (2 minimum); (e.g. camelback bladder, platypus, Gatorade bottle)
- Water treatment (1/patrol)

Pack

- Backpack
- Backpack Raincover
- Lightweight daypack (optional)

**Weather conditions dictate